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## Breakfast Egg and Vegetable/Wild Rice Puff

6 eggs, beaten

1 cup heavy cream

1 cup half n half

1 cup Bisquick

8 oz shredded cheese

\*mix your cheeses to your favorite. I use smoked gouda, havarti, muenster, sharp and/or smoked cheddar, swiss, etc.

1 onion, chopped

$\frac{3}{4}$  to 1 cup cooked wild rice

Veggies

\*sun dried tomatoes, baby bella mushrooms, chopped asparagus, etc. – get creative!

Preheat oven to 350 degrees. Grease a 9 x 13 casserole dish. In a bowl, combine the eggs, cream, half n half, and bisquick. Saute vegetables and stir into the egg mixture. Add the cheeses. Pour into the casserole dish and bake for 40 – 50 minutes.

Serves 8.